



5th Year RSE

Dear Parent / Guardian

This term as part of our Senior Cycle Programme in 5th year we will be covering the module on Relationships & Sexuality (RSE). RSE is much wider than the physical aspects of sexuality & incorporates the moral, social & psychological elements of each student.

In 5th year the topics covered may include:

- Relationships: Dealing with Feelings / Healthy & Unhealthy Relationships / Understanding Boundaries / Communications/ Influences of social media
- Time to Think: Sexuality / Sexual Orientations / Challenging Roles
- Sexual Health: Human Reproduction / Contraception /STIs / Without Consent

Resources used will include:

TRUST: Talking Relationships Understanding Sexuality Teaching Resource

Social, Personal & Health Education: RSE Post Primary

Rape Crisis Centre: Let's Get Real Program: Media Popular Culture & Pornography

Your son / daughter may wish to talk about these topics at home and you are best placed to address any concerns or questions they may have.

All Department of Education Publications regarding the RSE program can be found on our school website.

If you have any queries or wish to discuss this further, please contact our Principal, Mr McCormack.

With kind regards

Ms. Theresa Payne School Guidance Counsellor
Ms. Nicola Sheridan School Guidance Counsellor



6th Year RSE

Dear Parent / Guardian

This term as part of our Senior Cycle Programme in 6th year we will be covering the module on Relationships & Sexuality (RSE). RSE is much wider than the physical aspects of sexuality & incorporates the moral, social & psychological elements of each student.

In 6th year the topics covered may include:

- Relationships: Dealing with Feelings / Healthy & Unhealthy Relationships / Understanding Boundaries / Communications/ Influences of social media
- Time to Think: Sexuality / Sexual Orientations / Challenging Roles
- Sexual Health: Human Reproduction / Contraception /STIs / Without Consent

Resources used will include:

TRUST: Talking Relationships Understanding Sexuality Teaching Resource

Social, Personal & Health Education: RSE Post Primary

Rape Crisis Centre: Let's Get Real Program: Media Popular Culture & Pornography

All Department of Education Publications regarding the RSE program can be found on our school website.

Your son / daughter may wish to talk about these topics at home and you are best placed to address any concerns or questions they may have.

If you have any queries or wish to discuss this further, please contact our Principal, Mr McCormack.

With kind regards

Ms. Theresa Payne School Guidance Counsellor
Ms. Nicola Sheridan School Guidance Counsellor